FEDERAL LAW ENFORCEMENT TRAINING CENTERS
FLETC

November 22, 2026

	SUNDAY 22	MONDAY 23	TUESDAY 24	WEDNESD.. 25	THURSDAY 26	FRIDAY 27	SATURDAY 28
Culinary Classics - Lunch 	Chicken Breast Polish Sausage Chili Mac Citrus Fish	Chicken Breast Baked Ham Chicken Fried Steak	Swedish Meatballs Fried Shrimp Chicken Breast	Cheese Ravioli Chicken Breast Green Chile Beef Enchiladas	Baked Salmon Chicken Breast Mexican Brisket	Chicken Breast Meatloaf Catfish	Taquitos Chicken Breast Pepper Steak Stuffed Shells
Side Dishes - Lunch SOUTHERN Something Extra in Onsite Dining	Sauerkraut Broccoli Seasoned Potatoes Baked Beans Brown Rice Carrots Vegetable Medley	Carrots Sweet Potato Fries Mixed Vegetables Squash Brown Rice Green Bean Casserole Mashed Potatoes	Baked Beans Spinach Asparagus Brown Rice Mashed Potatoes Yellow Squash California Blend	Turnip Greens Brown Rice Spanish Rice Broccoli & Carrots Mexican Beans Cauliflower Green Beans	Zucchini & Squash Mexican Rice Potato Casserole Broccoli Brown Rice Capri Blend Ranch Style Beans	Carrots Mashed Potatoes Steak Fries Oriental Blend Brown Rice Green Beans Okra & Tomatoes	Red Potatoes Corn Zucchini & Carrots Peas California Blend Brown Rice Baked Beans
Culinary Classics - Dinner 	Swiss Style Steak Chicken Breast Fettuccine Alfredo Tamales	Chicken Breast Sausage & Peppers Parmesan Fish Lasagna	Pork Chops & Onions Chicken Breast Pot Roast Fish	Stuffed Shells Calamari Prime Rib Chicken Breast	Chicken Breast Egg Rolls Pulled Pork Beef & Broccoli Stir Fry	Fish Italiano Chicken Breast Red Chile Pork Beef & Bean Burritos	Ham Casserole Baked Fish Chicken Breast Beef Taco Meat
Side Dishes - Dinner SOUTHERN Something Extra in Onsite Dining	Corn Carrots Pinto Beans Assorted Vegetables Brown Rice Zucchini Cabbage	Vegetable Blend Squash & Zucchini Peas & Corn Brown Rice Red Potatoes Stewed Tomatoes Green Beans	Cauliflower Mashed Potatoes Brown Rice Brussels Sprouts Corn Vegetable Mix Broccoli	Stir Fried Vegetables Baked Potato Winter Blend Brown Rice Corn on the Cob Green Beans Carrots	Cauliflower Vegetable Blend Brown Rice Corn Stir Fried Rice Zucchini & Tomatoes Cabbage	Broccoli Brown Rice Louisiana Beans Assorted Vegetables Squash Green Beans Peas & Carrots	Chuckwagon Broccoli Squash Italian Blend Green Beans Charro Beans Brown Rice

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.