FEDERAL LAW ENFORCEMENT TRAINING CENTERS
FLETC

November 15, 2026

	SUNDAY 15	MONDAY 16	TUESDAY 17	WEDNESD.. 18	THURSDAY 19	FRIDAY 20	SATURDAY 21
Culinary Classics - Lunch 	Baked Fish Salisbury Steak Ravioli Chicken Breast	Baked Fish Lasagna Chicken Breast	Crusted Tilapia Chicken Breast Red Chile Pork	Green Chile Pork Steak Picadillo Chicken Breast	Pulled Pork Chicken Breast Baked Salmon	Chicken Breast Beef Fajitas Catfish	Chicken Breast Assorted Pizza Chicken Strips Vegetable Fettuccine
Side Dishes - Lunch SOUTHERN Something Extra in Onsite Dining	Stewed Tomatoes Vegetable Medley Green Bean Casserole Mashed Potatoes Broccoli Carrots Brown Rice	Italian Blend Green Peas Cauliflower Turnip Greens O'Brien Potatoes Brown Rice Zucchini	Mashed Potatoes Carrots Squash Brown Rice Winter Blend Green Beans Mexican Rice	Zucchini Cauliflower Assorted Vegetables Brown Rice Mashed Potatoes Pinto Beans Asparagus	Spinach Capri Blend Brown Rice Carrots Green Beans Spanish Rice Mexican Beans	Mexican Rice Green Beans Corn Calabacitas Winter Blend Brown Rice Sauerkraut	Mashed Potatoes Spinach Broccoli Green Beans Peas & Carrots Cauliflower Brown Rice
Culinary Classics - Dinner 	Polish Sausage Chicken Breast Taquitos Cabbage Rolls	Sausage & Potatoes Sweet & Sour Meatballs Chicken Breast Fried Cod	BBQ Beef Brisket Chicken Breast Pork Chow Mein Citrus Fish	Fettuccine Alfredo Crab Cakes Chicken Breast Strip Steak	Spaghetti & Meatballs Chicken Breast BBQ Pork Ribs Tortilla Bean Casserole	Swedish Meatballs Lemon Baked Fish Chicken Breast Mexican Pork Steak	Chicken Breast Steak Fingers Parmesan Fish BBQ Sausage
Side Dishes - Dinner SOUTHERN Something Extra in Onsite Dining	Assorted Vegetables Sauerkraut Spanish Rice Cauliflower Zucchini Green Beans Brown Rice	Green Beans Carrots Brown Rice Rice Vegetable Blend Spinach Corn	Green Peas Cauliflower Carrots Stir Fried Rice Stir Fried Vegetables Green Beans Brown Rice	Brussels Sprouts Corn on the Cob Italian Blend Baked Potato Zucchini & Carrots Broccoli Brown Rice	Potato Casserole Green Beans Turnip Greens Baked Beans Brown Rice Vegetable Blend Squash	Seasoned Potatoes Zucchini Brown Rice Carrots Mixed Vegetables Ranch Beans Okra & Tomatoes	Baked Beans Spinach Mashed Potatoes Stewed Tomatoes Green Beans Assorted Vegetables Brown Rice

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.